

The Neighborhood Learning Center ~ Menu for September 2019

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

*May contain eggs **May contain wheat ^May contain milk ^^May contain soy

		Monday	Tuesday	Wednesday	Thursday	Friday
Sept 2 – 6	Breakfast	NLC CLOSED in Observance of Labor Day	Pancakes^^/**/*/^ Fruit Milk	Cereal^^/** Fruit Milk	Mini Muffins^^/**/*/^ Fruit Milk	Cereal^^/** Fruit Milk
	Lunch		Turkey Patty^^/**/* Corn Fruit Milk	Meatloaf^^/**/*/^ Mashed Potatoes^^/**/*/^ Fruit Milk	Turkey Noodle Soup**/*/*/ Crackers**/*/*/ Fruit Milk	Beefaroni^^/**/*/^ Corn Bread^^/**/*/^ Fruit Milk
	Snack		Pepperoni^^/** Cheese^ Crackers^^/**/*	Animal Crackers^^/**/*/^ Raisins^^/**	Wheat Thins^^/**/* Cheese^	Veggie Straws^^/**/*
Sept 9 – 13	Breakfast	Cereal^^/** Fruit Milk	English Muffins^^/**/*/^ Turkey Sausage^^/**/* Fruit Milk	Cereal^^/** Fruit Milk	Yogurt Cups^ Granola^^/** Fruit Milk	Cereal^^/** Fruit Milk
	Lunch	Hot Dogs^^/**/* Beans^^/**/* Fruit Milk	Grilled Cheese^^/**/*/^ Tomato Soup^^/**/*/^ Fruit Milk	Chicken Patty^^/**/* Green Beans Fruit Milk	Chicken Quesadilla^^/**/*/^ Corn Fruit Milk	Goulash^^/**/*/^ Salad^/* Fruit Milk
	Snack	Teddy Grahams^^/**/*	Fig Newtons^^/**/* Applesauce Cups	<u>Toddlers</u> Goldfish Crackers^^/**/* <u>2s and Older</u> Sliced Apples	Cheese Sticks^ Ritz Crackers^^/**/*	Variety
Sept 16 – 20	Breakfast	Cereal^^/** Fruit Milk	Mini Muffins^^/**/*/^ Fruit Milk	Cereal^^/** Fruit Milk	English Muffin^^/**/*/^ Turkey Sausage^^/**/* Fruit Milk	Cereal^^/**/*/^ Fruit Milk
	Lunch	Chicken Salad^^/**/* Chips^^/**/* Fruit Milk	Taco Salad^^/**/*/^ Corn Fruit Milk	Ritz Chicken^^/**/*/^ Peas Fruit Milk	Meatballs^^/**/* Gravy^^/** Salad^/* Fruit Milk	Chicken Nuggets^^/**/* Peas Fruit Milk
	Snack	Goldfish Crackers^^/**/* Raisins^^/**	Graham Crackers^^/**/*	Chocolate Pudding^ Animal Crackers^^/**/*/^	Veggie Straws^^/**/*	Pepperoni^^/** Cheese^ Crackers^^/**/*
Sept 23 – 27	Breakfast	Cereal^^/** Fruit Milk	Breakfast Bar^^/**/*/^ Fruit Milk	Cereal^^/** Fruit Milk	Bagels^^/**/*/^ Cream Cheese^ Fruit Milk	Cereal^^/** Fruit Milk
	Lunch	Open Face Chicken^^/**/* Mashed Potatoes^^/**/*/^ Fruit Milk	Salisbury Steak^^/**/*/^ Corn Fruit Milk	Variety^^/**/*/ Fruit Milk	Ham & Cheese Sandwich^^/**/*/^ Sun Chips^^/**/* Fruit Milk	Corn Dogs^^/**/*/^ Peas Fruit Milk
	Snack	<u>Toddlers</u> Teddy Grahams^^/**/* <u>2s and Older</u> Nacho Chips^^/**/* Salsa^^/**	Veggie Straws^^/**/*	Cheese Itz^^/**/*/^	Cherry Yogurt^ Granola^^/**	<u>Toddlers</u> Graham Crackers^^/**/* <u>2s and Older</u> Sliced Apples String Cheese^
Sept 30 – Oct 4	Breakfast	Cereal^^/** Fruit Milk	Waffles/Pancakes ^^/**/*/^ Fruit Milk	Cereal^^/** Fruit Milk	Apple Cinnamon Bar^^/**/*/^ Fruit Milk	Cereal^^/**/*/^ Fruit Milk
	Lunch	BBQ Chicken^^/** Chips^^/**/* Fruit Milk	Chicken Patty^^/**/*/^ Corn Fruit Milk	Spaghetti^^/**/*/^ Salad^/* Fruit Milk	Hot Dogs^^/**/* Chips^^/**/* Fruit Milk	Chicken Quesadilla^^/**/* Corn Fruit Milk
	Snack	Cheese Itz^^/**/*/^	<u>Toddlers</u> Goldfish Crackers^^/**/* <u>2s and Older</u> Sliced Apples	<u>Toddlers</u> Cheese Sticks^ Crackers^^/**/* <u>2s and Older</u> Cheese Sticks^ Pretzels^^/**/*	<u>Toddlers</u> Teddy Grahams^^/**/* <u>2s and Older</u> Nacho Chips^^/**/* Salsa^^/**	Graham Crackers^^/**/*