

# COVID-19 Illness Policy – Updated 8/5/2020

As we approach the season of allergies, colds, and flu, we find children are exhibiting symptoms that may or may not be related to COVID-19. While our priority is to protect the health and safety of our children and staff, we understand the difficulties imposed on our families when stringent health and safety policies are unilaterally applied across all children presenting symptoms.

To help us navigate this challenging time, we have consulted the Loudoun County Health Department to provide additional guidance. Based on their recommendations our COVID-19 illness policy has been updated as follows:

1. If your child or any person within your household shows any of the [COVID-19-like symptoms listed below](#), your child will remain at home. Symptoms may appear 2-14 days after exposure to the COVID-19 virus and include:

- Fever of 100.4 and above
- Cough
- Shortness of breath
- Congestion or runny nose
- Chills
- New loss of taste or smell
- Sore throat
- Muscle or body aches
- Excessive fatigue
- Nausea or vomiting
- Diarrhea
- Headache

2. If your child shows any of the above symptoms while at the NLC, they will be separated from others, and you will be contacted immediately to collect them within 60 minutes.

## *When may your child return to the NLC?*

**With documentation from a healthcare provider** – If your child or other household member is experiencing symptoms related to a non-COVID-19 diagnosis, your child may return to the NLC:

- Once a healthcare provider has determined either that your child or household member experiencing symptoms has a specific diagnosis (influenza, strep throat, etc.), or symptoms are related to a pre-existing condition.
- This documentation from the health provider must state your child is no longer/not contagious and must identify any other criteria to be met prior to your child returning to the NLC (e.g., fever free for 24 hours).

If your child or other household member has a COVID-19 test pending, the results must be received before your child can return to the NLC. Based on those results, your child may return to the NLC:

- If the test result is negative, and, if applicable, your child is fever free for at least 24 hours without medication, and other symptoms have improved.
- If the test result is positive, you must wait until ten (10) days have passed since the onset of symptoms (if asymptomatic, 10 days from positive test), your child is fever free for at least 24 hours without medication, and other symptoms have improved. (For more Info, please speak with your healthcare provider or the [Loudoun County Health Department](#), or [the CDC](#).)

**Without documentation from a healthcare provider** – Without documentation from a health care provider, the NLC must treat the illness as COVID-19 and your child may return to the NLC after these criteria are met: Ten (10) days have passed since the onset of symptoms, your child is fever free for at least 24 hours without medication, and other symptoms have improved.

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By signing below, you acknowledge you have received and read the updated COVID-19 Illness Policy dated 8/5/2020 and agree to comply with the policies described.

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian's Name (Please print) \_\_\_\_\_

Child/Children's name(s) \_\_\_\_\_