

The Neighborhood Learning Center ~ Menu for October 2020

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

*May contain eggs ^May contain milk (T) = Toddler WG = Whole Grain

		Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 28 – Oct. 2	Morning Snack	WG Cereal* Fruit Water	WG Bagel* Cream Cheese^ Water	WG Cereal* Milk	Pancakes Berries Water	WG Cereal* Fruit Water
	Lunch	Homemade Chicken Noodle Soup*^ Sliced Carrots Pears Milk	Hot Dog on a Bun Baked Beans Mandarin Oranges Milk	WG Fish Nuggets* Peas Cantaloupe Milk	WG Chicken Patty*^ Salad & Ranch Dressing^ Peaches Milk	Cheese Quesadilla*^ Corn Pineapple Milk
	Snack	Cheese Cubes^ Townhouse Crackers* Water	Animal Crackers*^* Applesauce Water	Cheese Itz*^ 100% Apple Juice	Yogurt^ Banana Water	Pretzels* Cheese Stick^ Water
Oct. 5 – 9	Morning Snack	WG Cereal* Water	Sausage Biscuit*^* Water	WG Cereal* Milk	French Toast Sticks* Berries Water	WG Cereal* Fruit Water
	Lunch	Chili *^ Corn Bread*^* Pears Milk	WG Chicken Nuggets* Sliced Carrots Applesauce Milk	Taco Salad*^* Corn Roll*^* Peaches Milk	Ham & Cheese Sandwich^ Green Beans Pineapple Milk	Turkey Meatballs & Gravy* Peas Roll*^ Peaches Milk
	Snack	Sliced Cheese^ Townhouse Crackers Water	Veggie Straws Raisins Water	Yogurt^ Graham Crackers* Water	Breakfast Bar* 100% Apple Juice	Goldfish Crackers Strawberries Water
Oct. 12 – 16	Morning Snack	NLC CLOSED in Observance of Columbus Day	Waffles*^ Berries Water	WG Cereal* Milk	Pancake Wrapped Sausage*^ Water	WG Cereal* Fruit Water
	Lunch		WG Fish Nuggets* Green Beans Pears Milk	Salisbury Steak* Mashed Potatoes^ Roll* Mandarin Oranges Milk	WG Chicken Patty on a Bun*^ Corn Bananas Milk	Pizza Day!*^ Salad w/ Ranch Dressing^ Cantaloupe Milk
	Snack		WG Bagel * Cream Cheese^ Water	Animal Crackers* Applesauce Water	Jell-O w/ Fruit * Cheese Itz Crackers* Water	Pepperoni* Sliced Cheese^ Crackers* 100% Apple Juice
Oct 19 – 23	Morning Snack	WG Cereal* Fruit Water	Sausage Biscuit*^ Water	WG Cereal* Milk	French Toast Sticks* Berries Water	WG Cereal Fruit Water
	Lunch	Chili* Corn Bread*^ Pears Milk	Grilled Cheese on WG Bread*^ Peas Pineapple Milk	Elbow Noodles & Red Sauce* Salad w/ Dressing^ Peaches Milk	WG Chicken Nuggets* Corn Applesauce Milk	Turkey Meatball Sub*^ Green Beans Mandarin Oranges Milk
	Snack	Cheese Cubes Townhouse Crackers* Water	Pretzels* Cheese Stick^ Water	Yogurt^ Graham Crackers* Water	Veggie Straws* Raisins* Water	Breakfast Bar* 100% Apple Juice
Oct 26 – 30	Morning Snack	WG Cereal * Water	Pancakes*^ Berries Water	WG Cereal* Milk	Turkey Sausage* Croissant*^ Water	WG Cereal* Fruit Water
	Lunch	Beans & Franks* Roll* Pears Milk	Chicken Teriyaki* Rice* Broccoli Pineapple Milk	Meatloaf* Mashed Potatoes*^ Roll* Peaches Milk	WG Chicken Patty on a Bun* Corn Applesauce Milk	Chicken & Cheese Quesadilla*^ Green Beans Mandarin Oranges Milk
	Snack	Cheese Cubes^ WG Triscuits* (T) Townhouse Crackers* Water	Harvest Trail Mix ^ * Water	Yogurt^ Graham Crackers*^* Water	Veggie Straws* Raisins Water	Halloween Special Snack*^ 100% Apple Juice