

November, 2020

Neighborhood News

The Neighborhood Learning Center's monthly newsletter

During November we give thanks

A favorite annual tradition at the Neighborhood Learning Center is our Thanksgiving Family Feast. Parents decorate tables in Fellowship Hall, the scent of roasting turkey and mashed potatoes wafts through the hallways, and we welcome our children's families to our table to feast and give thanks together as a family.

What's different this year is the children will be dining in their classrooms to maintain our safe "pods", and families will not be allowed to attend. But there are also many things the same. Ms. Nicole's amazing cooking will still be enjoyed by children and staff alike. There will still be prayers of grace and thanksgiving. And we will still be mindful and filled with gratitude for you all, our NLC family.

We know this has been a difficult year, with unforeseen challenges from many sides. We also know you could choose other options for your children's care, and we are grateful that you have chosen our Neighborhood. We hope that next year we will be able to gather together again around a common table. Thank you for being part of our NLC family.



This Month's Highlights

November 2

LCPS closed, NLC open

November 3

LCPS closed, NLC open

Election Day—Kids VOTE!

November 10

Orange Day—wear orange to school!

November 12

Thanksgiving Food Bags & classroom food collection items due

November 23

Thanksgiving Feast (children only, no families)

November 25

Pizza Party & Pajama Day—wear your PJs to school!

LCPS closed, NLC open—School's Out Fun Day for School Agers!

November 26 & 27

NLC CLOSED for Thanksgiving

Online streaming Sunday worship every Sunday at 10:00 am

November Staff Birthdays

15 Ashley Baker (Busy Bees)

18 Sonia Malone (Cub House)

19 Dorothy Tate (Bird House)

This Month at School

November is a month of comfort and coziness. We start to bundle up in warm jackets and mittens, breathe in the distinctive scent of fallen leaves, and give thanks for our blessings. Our themes this month are in line with the season: Potatoes/Stone Soup, Manners, Colors, Native Americans/Pilgrims, and Thanksgiving.

- **LCPS is closed November 2nd and 3rd**, but the NLC is open. School age children can attend on their normally scheduled days for lots of fun activities.
- **Election Day** on November 3rd is one of our favorites here at the NLC! This year, Lofthouse Cookie and Lofthouse Cupcake face off to determine who will be the snack on Friday. Make sure to check out our Facebook page for pictures of our 2s and older casting their secret ballots for their snack choice.
- Tuesday the 10th **send them to school wearing ORANGE!** What better way to celebrate autumn than to wear one of its favorite colors!
- **Thanksgiving bag and loose food donations are due Thursday, November 12th.** See the article below for more information.
- Tuesday the 17th is national **Take a Hike Day!** The children will “hike” around our grounds to see what neat things they can spy.
- Monday the 23rd is our **Thanksgiving Feast.** Please see the article on Page 1 for more details.
- Wednesday the 25th is **Pizza Party and PJ Day!** **Send them to school in their PJs** for some comfy enjoyment before Thanksgiving. School Age parents—this will be a **School’s Out Fun Day** for all currently enrolled school agers. Send them this day to have some down time before the holiday with their friends as LCPS will be closed.
- **The NLC will be closed the 26th and 27th in observance of Thanksgiving.**

Thanksgiving Food Bag Drive

The need is greater than ever this year.

If your family would like to contribute a dinner for a family of four in our community, pack a reusable bag with:

- Stuffing Mix
- 4 Cans of Vegetables
- Boxed Potatoes
- Gravy (no glass, please)
- Cornbread or Biscuit Mix
- Cranberry Sauce
- Dessert Mix/Ingredients
- Put a \$10 - \$20 Grocery Store Gift Card in a separate envelope, not in the bag.

Hand your completed bag to NLC staff **no later than Thursday, November 12th**

Nothing perishable, please!

If you prefer not to donate a complete bag, please consider contributing to the classroom collections.

Each class is collecting a different item for Thanksgiving bags which we will then assemble.

- **Bunnies & Ducks** - stuffing mix
- **Bird Nest & School Age** - canned vegetables (4 cans needed for each Thanksgiving bag)
- **Hummingbirds & Bees** - boxed potatoes
- **Cub House** - gravy (no glass, please)
- **Frog Hollow & Lions** - cornbread or biscuit mix
- **Bird House** - cranberry sauce
- **Penguin Huddle & Owls** - dessert mix/ingredients
- **EVERYONE** - \$10-\$20 grocery card for purchasing meat

Send classroom donations with your child in the mornings or drop donations at the “Fill the Trunk” collection Thursday, November 12 at pick up.



www.tnlcenter.com



October brought pumpkins, corn stalks, and of course— Halloween !



COVID-19 Illness Policy – Updated 10/6/2020

As we approach the season of allergies, colds, and flu, we find children are exhibiting symptoms that may or may not be related to COVID-19. While our priority is to protect the health and safety of our children and staff, we understand the difficulties imposed on our families when stringent health and safety policies are unilaterally applied across all children presenting symptoms.

To help us navigate this challenging time, we have consulted the Loudoun County Health Department to provide additional guidance. Based on their recommendations our COVID-19 illness policy has been updated as follows:

If your child shows any of the [COVID-19-like symptoms listed below](#), your child will remain at home. Symptoms may appear 2-14 days after exposure to the COVID-19 virus and include:

- Fever of 100.4 and above
- Cough
- Shortness of breath
- Congestion or runny nose
- Chills
- New loss of taste or smell
- Sore throat
- Muscle or body aches
- Excessive fatigue
- Nausea or vomiting
- Diarrhea
- Headache

While the NLC understands many of these symptoms may also be a result of non-COVID-19 related issues, the Center must proceed with an abundance of caution during this time of pandemic. If your child shows any of the above symptoms while at the NLC, they will be separated from others, and you will be contacted immediately to collect them within 60 minutes.

When may your child return to the NLC?

With documentation from a healthcare provider – If your child is experiencing symptoms related to a non-COVID-19 diagnosis, your child may return to the NLC:

- Once a healthcare provider has determined that your child has a specific diagnosis (influenza, strep throat, common cold, etc.), or symptoms are related to a pre-existing condition (ex// allergies).
- This documentation from the health provider must state that your child may return to daycare and must identify any other criteria to be met prior to your child returning to the NLC (e.g., fever free for 24 hours).

If your child or other household member has a COVID-19 test pending, the results must be received before your child can return to the NLC. Based on those results, your child may return to the NLC:

- If the test result is negative, and, if applicable, your child is fever free for at least 24 hours without medication, and other symptoms have improved.
- If the test result is positive, you must wait until ten (10) days have passed since the onset of symptoms (if asymptomatic, 10 days from positive test), your child is fever free for at least 24 hours without medication, and other symptoms have improved. (For more Info, please speak with your healthcare provider or the [Loudoun County Health Department](#), or [the CDC](#).)

Without documentation from a healthcare provider – Without documentation from a health care provider, the NLC must treat the illness as COVID-19 and your child may return to the NLC after these criteria are met: Ten (10) days have passed since the onset of symptoms, your child is fever free for least 24 hours without medication, and other symptoms have improved.

The Neighborhood Learning Center ~ Menu for November 2020

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

*May contain eggs ^May contain milk (T) = Toddler WG = Whole Grain

		Monday	Tuesday	Wednesday	Thursday	Friday
Nov 2 – 6	Morning Snack	WG Cereal* Fruit Water	Turkey Sausage* Croissant*^ Water	WG Cereal* Milk	Pancakes Berries Water	WG Cereal* Fruit Water
	Lunch	Mac N Cheese*^ Sliced Carrots Pears Milk	WG Chicken Patty*^ Salad & Ranch Dressing^ Mandarin Oranges Milk	Hot Dog on a Bun* Baked Beans* Bananas Milk	WG Fish Nuggets* Peas Peaches Milk	Chicken & Cheese Quesadilla*^ Corn Pineapple Milk
	Snack	Animal Crackers* Applesauce Water	Pretzels* Cheese Stick^ Water ELECTION DAY! Voting on snack for Friday	Variety Snack *^ Water	Sliced Cheese^ Townhouse Crackers* Water	Crackers & Whatever snack won on Election Day! Water
Nov 9 – 13	Morning Snack	WG Cereal* Fruit Water	Sausage Biscuit^* Water	WG Cereal* Milk	French Toast Sticks* Berries Water	WG Cereal* Fruit Water
	Lunch	WG Chicken Nuggets* Sliced Carrots Applesauce Milk	Taco Salad^* Corn Roll^* Peaches Milk	Goulash^* Salad w/Dressing^ Pineapple Milk	Grilled Cheese Sandwich on WG Bread*^ Tomato Soup* Pears Milk	Corn Dogs^* Peas Mixed Fruit Milk
	Snack	Sliced Cheese^ Townhouse Crackers Water	Veggie Straws Raisins Water	Yogurt^ Graham Crackers* Water	Mandarin Oranges Cheese Itz* Water	Goldfish Crackers Strawberries Water
Nov 16 – 20	Morning Snack	WG Cereal * Fruit Water	Waffles*^ Berries Water	WG Cereal* Milk	Pancake Wrapped Sausage*^ Water	WG Cereal* Fruit Water
	Lunch	Hamburger on a WG Bun* Sliced Carrots Peaches Milk	WG Fish Nuggets* Green Beans Pears Milk	Chicken Bake^* Roll^* Mandarin Oranges Milk	WG Chicken Patty on a Bun*^ Corn Bananas Milk	Chili Mac* Cornbread*^ Pineapple Milk
	Snack	WG Wheat Thins* Applesauce Water	WG Bagel * Cream Cheese^ Water	Own Made Trail Mix^^ Water	Pepperoni* Cheese Cubes^ Crackers* Water	Breakfast Bar* 100% Apple Juice
Nov 23 – 27	Morning Snack	WG Cereal * Fruit Water	Pancakes * Berries Water	WG Cereal * Milk	NLC CLOSED IN OBSERVANCE OF THANKSGIVING	
	Lunch	Thanksgiving Feast Turkey & Gravy* Mashed Potatoes^ Green Beans Roll* Applesauce Milk	Chicken Alfredo*^ Peas Peaches Roll* Milk	Pizza Day! Corn Pineapple Milk		
	Snack	Graham Crackers* Bananas Water	WG Goldfish * Pear Cups Water	Veggie Straws* Raisins* Water		

November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Online Worship 10 am	2 LCPS Closed - NLC Open	3 Election Day • Kids vote • LCPS Closed - NLC Open	4	5	6	7
8 Online Worship 10 am	9	10 Orange Day Wear orange to school!	11 Veteran's Day	12 "Fill the Trunk" Food Collection 4 - 5 pm	13	14
15 Online Worship 10 am	16	17 Take a Hike Day	18	19	20	21
22 Online Worship 10 am	23 Thanksgiving Feast	24	25 Pizza Party & PJ Day! School's Out Fun Day for School Agers	26 NLC CLOSED for Thanksgiving	27 NLC CLOSED for Thanksgiving	28
29 Online Worship 10 am	30	Themes for the month: Potatoes/Stone Soup * Manners * Colors Native Americans/Pilgrims * Thanksgiving				

- **Election Day** – It is tradition at the NLC for the children to have their own voting experience with the ever-present dilemma...what to have for snack on Friday! Lofthouse Cookie will be campaigning hard against Lofthouse Cupcake, and we can only hope they run a clean race. The children ages 2 and up will visit the voting center in Fellowship Hall, mark their own secret ballot, then drop it into the ballot box for counting.
- **Nov 25th School's Out Fun Day for School Agers** – NO EXTRA CHARGE for this fun day of pizza & PJs, normal weekly tuition rates apply. All currently enrolled School Agers are welcome to join us this day. Please email Ms. Jo Anna (joanna@theneighborhoodlearningcenter.com) if you plan on having your child attend.
- **Thanksgiving Feast** – Normally a family tradition at the NLC, this year the children will feast with their classmates!
- **St. Andrew's Online Worship** – Join St. Andrew for online worship every Sunday morning at 10 am! Visit www.standrew-pres.org or join them streaming live on their Facebook page.