

The Neighborhood Learning Center ~ Menu for January 2021

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

*May contain eggs ^May contain milk (T) = Toddler WG = Whole Grain

		Monday	Tuesday	Wednesday	Thursday	Friday
Jan 4 – Jan 8	Morning Snack	WG Cereal* Fruit Water	Turkey Sausage* Croissant*^ Water	WG Cereal* Milk	Pancakes Berries Water	WG Cereal* Fruit Water
	Lunch	Mac & Cheese*^ Sliced Carrots Mandarin Oranges Milk	WG Chicken Patty*^ Salad w/ Ranch Dressing^ Pineapple Milk	Chicken Noodle Soup w/ Veggies* Crackers* Bananas Milk	WG Fish Nuggets* Peas Peaches Milk	Lasagna*^ Salad w/ Dressing^ WG Roll*^ Pears Milk
	Snack	Animal Crackers* Applesauce Water	Pretzels* Cheese Stick^ Water	WG Goldfish* Pears Water	Variety Snack*^ Water	Nacho Chips* Salsa* (T) Crackers* 100% Apple Juice
Jan 11 – Jan 15	Morning Snack	WG Cereal* Fruit Water	Sausage Biscuit*^ Water	WG Cereal* Milk	French Toast Sticks* Berries Water	WG Cereal* Fruit Water
	Lunch	WG Chicken Nuggets* Sliced Carrots Pineapple Milk	Taco Salad*^ Corn WG Roll* Peaches Milk	Goulash*^ Salad w/Dressing^ Applesauce Milk	Grilled Cheese Sandwich on WG Bread*^ Tomato Soup* Pears Milk	Pasta w/Meat Sauce* WG Roll* Salad w/ Dressing^ Mandarin Oranges Milk
	Snack	Sliced Cheese^ Townhouse Crackers Water	Veggie Straws Raisins Water	Yogurt^ Graham Crackers* Water	Bananas Cheese Itz* Water	Goldfish Crackers Strawberries Water
Jan 18 – Jan 22	Morning Snack	NLC CLOSED IN OBSERVANCE OF MARTIN LUTHER KING, JR. DAY	Mini Muffins Berries Water	WG Cereal* Milk	Pancake Wrapped Sausage*^ Water	WG Cereal* Fruit Water
	Lunch		Hamburger on a WG Bun*^ Green Beans Pineapple Milk	Chicken Bake w/ Veggies*^ Mandarin Oranges Milk	Turkey Sliders on a WG Roll*^ Salad w/ Dressing^ Bananas Milk	Chili Mac* Cornbread*^ Peaches Milk
	Snack		WG Bagel* Cream Cheese^ Water	WG Wheat Thins* Applesauce Water	Pepperoni* Cheese Cubes^ Crackers* Water	Breakfast Bar* 100% Apple Juice
Jan 25 – Jan 29	Morning Snack	WG Cereal * Fruit Water	Pancakes * Berries Water	WG Cereal * Milk	French Toast Sticks*^ Fruit Water	WG Cereal* Fruit Water
	Lunch	Turkey Burger* Sliced Carrots Peaches Milk	Homemade Chicken Alfredo*^ Salad w/Dressing^ WG Roll* Bananas Milk	WG Chicken Patty on a Bun*^ Corn Applesauce Milk	WG Fish Nuggets* Peas Pears Milk	Turkey Sweet & Sour Meatballs* WG Roll* Green Beans Mixed Fruit Milk
	Snack	Graham Crackers* Yogurt^ Water	Veggie Straws* Raisins* Water	Pretzels* Cheese Sticks^ Water	Cheese Itz* Pears Water	WG Goldfish* Peaches Water