

Neighborhood News

The Neighborhood Learning Center's monthly newsletter

Fall Reminders!

Time spent playing outdoors is vital to children's development! According to the Harvard Medical School, the top 6 reasons to encourage outside play* are:

1. **Sunshine!** Our bodies need sunshine to produce Vitamin D, and to help our immune systems function well.
2. **Exercise!** Active play outside is a great way to encourage exercise as part of daily living.
3. **Executive Function!** These are the skills that help us plan, prioritize, troubleshoot, negotiate, and multitask. These are vital life skills that are nurtured through unstructured play, including outdoor time.
4. **Taking Risks!** Of course we want our children to be safe, but if they never take risks they won't know what they're capable of.
5. **Socialization!** A lot of what goes into making friends, learning to share and cooperate, and how to treat others takes place on the playground.
6. **Appreciation of Nature!** There is always more to see and more to learn about, even in our own backyards. Appreciating and learning about what is around us helps children learn to care for the world around us all, which can only help the future of our human race.

At the NLC, we take the children outside as long as it is above freezing.

Now is the time to make sure your little one is dressed for time outdoors so they can reap the many benefits of outside play!

- *Please LABEL everything* you send to school with your child.
- *Layers are best!* If your child is overly warm, we can take a layer or so off, but it's much harder to add one if they didn't bring it with them.
- *Hats along with mittens* (or gloves for older children) are a must. Very often we will have a child with bare hands that get quite cold on the climbing equipment, riding toys, or just digging in the dirt! We never want a child to be cold so we will layer them up as best we can with socks on their hands if the spare mittens are being used. But it's always better to have items from home.
- *Send in a new set of spare, fall appropriate clothing* in case a wardrobe change is needed during the school day.

* [6 reasons children need to play outside - Harvard Health](#)

This Month's Highlights

November 1, 2, & 4
LCPS Closed, NLC Open for School's Out Drop-In Days

November 3 & 5
LCPS Async Days, NLC available for support

November 11
Veteran's Day

November 17
Dress Like a Turkey to School!

November 23
Thanksgiving Feast for Lunch

November 24
LCPS Closed, NLC Open for School's Out Drop-In Day

November 25 & 26
NLC CLOSED for Thanksgiving

November 29
Last day to order for Kids Creations Art Fundraiser

November Staff Birthdays

- 6 Brittany Adams (Frog Hollow)
- 12 Destany Painter (Hummingbirds)
- 18 Sonia Malone (Cub House)
- 19 Dorothy Tate (Bird Nest)
- 24 Deborah Hill (Morning Drop-Off)

This month at school!

- During the week of November 1st, **LCPS has several student holidays, in addition to two asynchronous learning days.** The NLC will be open to provide full day care and support for school agers kindergarten through 5th grade. We will take the 2nd–5th graders on a field trip to Leesburg Animal Park on Tuesday the 2nd. The kindergartners and 1st graders will visit Great Country Farm on Thursday the 4th. Please contact Ms. Ally to register! ally@theneighborhoodlearningcenter.com
- Wednesday the 17th is **Dress Like a Turkey Day!** Break out the feather boas and put on your best turkey impression! Not only will your child enjoy dressing up, our staff will be having a CONTEST for the best dressed turkey with the winner receiving...a frozen turkey! Be sure you're a member of our Active in the Neighborhood private Facebook group so you can cast your vote!
- Tuesday the 23rd is our annual **Thanksgiving Feast.** We hope next year to be able to invite families to join their children inside the school for this annual tradition, but this year we will have the children feast with their friends in their classrooms. Ms. Nicole will cook a traditional lunch complete with turkey and all the trimmings! We are thankful for our friends, for our teachers, for our school, and for the many blessings in our lives, and breaking bread together is a way to share our gratitude.
- **LCPS is closed** on Wednesday, November 24th, so School Age parents, be sure to sign your child up for a super fun Camp Day!
- **The NLC will be CLOSED Thursday and Friday, November 25th & 26th,** in observance of Thanksgiving

Kids Kreations Art Fundraiser

During October, each child created one or several pictures that you will be able to have put onto items such as coffee mugs, tote bags, necklaces...and they turn out beautifully! Artwork will come home the week of Thanksgiving and you will be able to **order online through Monday, November 29th.** All items will arrive in time for Christmas, so shop accordingly!

Picture Day RESCHEDULED to Monday, December 6th! Photos will be taken of each child (and sibling groups when possible) by our amazing Bruce. You will then have the chance to view the pictures and make any purchases.

EXTRACURRICULAR ACTIVITIES – These *fully optional* activities are available at additional cost. Registration and activities are handled by the external provider. Soccer is held outdoors on our front field. Dance and art are held in Fellowship Hall with children from different pods socially distanced from one another.

Soccer will hold make up classes on the 5th and 12th for those children who missed several classes due to quarantine restrictions earlier in the fall.

Mercier School of Dance

Register at www.mercierschoolofdance.com/registration

Pre-Ballet & Jazz: Mondays 3:00 – 3:30 pm, ages 4 & 5, \$65/month, monthly through May 2022

Zumba Jr: Mondays 3:30 – 4:00 pm, ages 3 ½ through pre-K, \$65/month, monthly through May 2022

Wee Little Arts

Register at www.weelittlearts.com

Session 2 – Drawing! Thursdays starting December 2nd, 3:00 – 3:45 pm, ages 3 – 5, \$150

Inclement Weather Policy Reminders

The NLC does NOT follow Loudoun County Public Schools for inclement weather-related closings or late openings. This decision is based on the safety of our students, parents, and staff.

- Most of our staff lives west of Purcellville where inclement weather is generally more severe. If we are unable to staff our classrooms with the normally assigned teachers to maintain our pods, we must consider Covid safety as well as safety on the roads.
- You will receive a text from the NLC and an email no later than 6:00 am should a closure or delay be in effect for the NLC on a particular day. If a decision is made to close early due to inclement weather, parents will be notified via text and email as soon as the decision is made.



Fall Festival! *Thank you* to the volunteers who made it possible!





Donate Thanksgiving Dinner Bags for Loudoun Hunger Relief!

Please fill a reusable grocery bag with the following items (to feed four people) and return to St. Andrew by **Nov. 14**.

- stuffing mix
- 4 cans of vegetables
- boxed potatoes
- gravy (no glass, please)
- cornbread or biscuit mix
- cranberry sauce
- dessert mix/ingredients
- \$10-20 gift card to local grocery for purchasing meat

Thank you for your generosity!

Scriptures & Sermons for November

November 7th: Communion

Sermon Title: Love is Generous

Scripture: Mark 12: 38-44

November 14th

Sermon Title: Love is Creative

Scripture: Mark 13: 1-8

November 21st

Sermon Title: Love Rules

Scripture: John 18: 33-37

Thank you to all who donated items for Afghan refugees last month.

The Greenwich Church in Nokesville has so far received two car loads of clothing and household items for their Afghan refugee families, who will be arriving very soon.

Sixty-two warm coats of all sizes, including some infant bunnings, were contributed for the All Dulles Area Muslim Society (ADAMS) Center drive for Afghan refugees, to be distributed to the three military bases in Virginia where the refugees are currently housed.

St. Andrew Calendar & Events

- ☼ Nursery Care is available every Sunday morning during 10 am worship.
- ☼ Sunday School is held each Sunday! Children start with their parents in the service, come up for a children's moment, and then leave with their Sunday School teacher for the remainder of the service.
- ☼ Youth Group meets the 1st and 3rd Sundays of each month! Minis (4th &

5th graders) 5-6 pm; Dinner for all 6:00-6:30 pm; Middle/High School Youth Group 6:30-8:00 pm. Email Jessica with any questions! benica312@yahoo.com

- Congregational Meeting November 14th following the worship service to learn about and approve the refinancing of the mortgage. A quorum of 30 St. Andrew members is needed.

The Neighborhood Learning Center ~ Menu for November 2021

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

*May contain eggs ^May contain milk (T) = Toddler WG = Whole Grain

		Monday	Tuesday	Wednesday	Thursday	Friday
Nov 4 – 8	Breakfast	WG Cereal* [^] Fruit Water	Variety* [^] Berries Water	WG Cereal* [^] Milk	Turkey Sausage* [^] Biscuit* [^] Water	WG Cereal* [^] Fruit Water
	Lunch	WG Chicken Patty on a WG bun* [^] Green Beans Pears Milk	Spaghetti Sauce & Pasta* [^] Salad & Cucumbers with Dressing* [^] Mixed Fruit Milk	Fish Fillet Corn Peaches Milk	Meatloaf* [^] Mashed Potatoes [^] WG Roll Pineapple Milk	BBQ Chicken on a Bun* [^] Sliced Carrots Mandarin Oranges Milk
	Snack	Variety* [^] Water	Sliced Cheese [^] Wheat Thins / Ritz Crackers (T) Water	Veggie Straws* Raisins* Water	Graham Crackers* [^] Cream Cheese [^] Water	Carrots & Dip [^] / Yogurt (T) Banana Water
Nov 11 – 15	Breakfast	WG Cereal Fruit Water	Blueberry Mini-Muffin* [^] Banana Water	WG Cereal Milk	Waffles* [^] Fruit Water	WG Cereal Fruit Water
	Lunch	Turkey Burger* [^] French Fries* Tropical Fruit Milk	Chicken Noodle Casserole with Peas and Carrots* [^] Peaches Milk	Roast Beef and Noodles* [^] Broccoli & Cheese [^] Pears Milk	Mac N Cheese* [^] Green Beans Pineapple Milk	Salisbury Steak* Mashed Potatoes* [^] WG Roll* Mixed Fruit Milk
	Snack	Applesauce Animal Crackers* [^] Water	Cheese Cubes [^] Triscuits* (T) Crackers Water	Raisins* Pretzels with Dip* [^] Crackers (T)* Water	Ham Wrap* 100% Apple Juice Water	Yogurt Cup [^] WG Goldfish* [^] Water
Nov 18 – 22	Breakfast	WG Cereal* [^] Fruit Water	Blueberry Bagels* [^] Cream Cheese [^] Water	WG Cereal* [^] Milk	Pancakes* [^] Fruit Water	WG Cereal* Fruit Water
	Lunch	Turkey Mini Corn Dogs* [^] Green Beans Mandarin Oranges Milk	Lasagna* [^] Salad & Cucumbers with Dressing* [^] Mixed Fruit Milk	Turkey Meatballs* Rice * Mixed Vegetables Peaches Milk	Tomato Soup* Grilled Cheese with WW Bread* [^] Pears Milk	Breaded Chicken Nuggets* [^] Corn Pineapple Milk
	Snack	Raisins* Cheese Itz [^] Water	WG Homemade Chex Mix* [^] Water	Rice Cake* Bananas Water	WG Goldfish* [^] Sliced Apples/ Applesauce (T)* Water	Cheese Sticks [^] Ritz Crackers* Water
Nov 25 – 27		WG Cereal* Fruit Water	Yogurt [^] Granola* Berries Water	Variety: Grain* [^] Milk	NLC CLOSED IN OBSERVANCE FOR THANKSGIVING!	
	Lunch	Goulash* [^] Salad & Cucumbers with Dressing* [^] Fruit Milk	Thanksgiving Lunch Turkey, Green Beans, Mashed Potatoes, Applesauce, a WG Roll* [^] Milk	Variety: Meat/Meat Alternate* [^] Fruit, Vegetable, & Whole Grain Milk		
	Snack	Yogurt [^] Sliced Apples (T) Applesauce Water	Pepperoni* Cheese [^] Ritz Crackers* Water	Mandarin Oranges Cheese Itz* [^] Water		

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>Mercier School of Dance Make Up Day</i>	2	3	4 <i>NO Wee Little Arts</i>	5 Mercier School of Dance Loudoun Soccer Make Up Day	6
 <p>LCPS Closed 1st, 2nd, 4th - NLC Open for School's Out Drop-In Days LCPS Asynchronous Days 3rd & 5th - NLC Open for Async Support</p>						
7 Worship 10 am	8	9	10	11 Veteran's Day <i>Wee Little Arts</i>	12 Loudoun Soccer Make Up Day Mercier School of Dance	13
14 Worship 10 am	15 RESCHEDULE! Photo Day MOVED to Monday, December 6	16	17 Dress Like a Turkey to School!	18 <i>Wee Little Arts</i>	19 Mercier School of Dance	20
21 Worship 10 am	22 Kids Kreations artwork sent home	23 Thanksgiving Feast	24 LCPS Closed, NLC OPEN for School's Out Drop-In Day	25/26 NLC CLOSED in observance of Thanksgiving		27
28 Worship 10 am – 1 st day of Advent	29 Deadline to place Kids Kreations orders	30	St. Andrew's Worship – Join St. Andrew for in-person and online Facebook Live worship every Sunday morning at 10 am! In-person worship will observe social distancing and mask wearing.			

DRESS LIKE A TURKEY DAY! Not only are the children invited to dress like a turkey, but our Staff will have a contest to see whose Turkey costume is the best, with the winner receiving...a frozen turkey! Make sure you are a member of our Active in the Neighborhood Facebook group so you can cast your vote!

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- **Zumba Jr:** Mondays 3:30 – 4:00 pm, ages 3 ½ through pre-K, \$65/month, monthly through May 2022

Wee Little Arts - Register at www.weelittlearts.com

- **Session 1 – The Elements of Art!** Thursdays, Sept 23 – Nov 18, 3:00 – 3:45 pm, ages 3 – 5, \$150
- **Session 2 – Drawing** – Thursdays starting 1st week of December, 3:00 – 3:45 pm, ages 3 – 5, \$150