

# Neighborhood News

The Neighborhood Learning Center's monthly newsletter

## Kindness MATTERS!

February 17th is Random Acts of Kindness Day, but we are challenging The Neighborhood Learning Center to go beyond just this one day.

We will be catching the children doing random acts of kindness and will give them a heart shaped sticker to mark the moment. So if your child comes home wearing a heart sticker, ask them what kind deed they did that day!

It's all about the little things...comforting a friend when they are having a rough time, sharing, letting someone else go first, using kind words, giving a hug.

What random acts of kindness will you spot this month, and which ones will you share?



## Acts of Kindness

Ideas for Preschoolers by NaturalBeachLiving.com

Let a sibling go first 1	SAY something nice to someone 2	Decorate Kindness Rocks 3	share 4	Play with someone NEW 5
Pick up trash without being asked 6	Say sorry if you do something wrong 7	smile at someone 8	Put a dollar on a vending machine 9	HOLD THE DOOR FOR SOMEONE 10
Make a care package 11	Say "good job" 12	Give someone a flower 13	Say hi to someone 14	Volunteer 15
Write a nice letter 16	GIVE a hug 17	Color a picture for someone 18	Say "Thank you" 19	Make a handmade gift 20
Leave a thank you note 21	Clean up without being asked 22	GIVE A COMPLIMENT 23	Let someone else go first 24	Say "I love you" 25

## This Month's Highlights

**February 1**  
LCPS Closed, NLC Open for School's Out Camp

**February 11**  
Wear your favorite sports jersey or team colors to school

**February 14**  
Valentine's Day Class Parties

**February 21**  
NLC CLOSED in observance of Presidents' Day

**NLC Staff Workday**

**February 22**  
2/22/22 on a TWOSday!

**Wear silly socks to school**

**February Staff Birthday**

15 Amy Blair

## This month at school!

- LCPS is closed Tuesday, February 1, so the NLC is open for a **School's Out Camp!** Let us know if your school aged child will be attending.
- Tuesday the 2nd is **Groundhog Day**....will Punxsutawney Phil see his shadow or not?
- We are all excited to welcome the **Winter Olympics** this month. Opening Ceremonies will be Friday the 4th—watch for Olympic torches, medals, and fun games this month!
- **National Pizza Day** falls on the 9th. Any guesses what's for lunch?
- Send them to school in a **team jersey or favorite team colors** on Friday the 11th—the Superbowl is this weekend, after all.
- **Valentine's Day Class Parties** will be held Monday the 14th. Please watch for communication from your child's teacher about whether they would like you to send in anything special.
- The 17th is **Random Acts of Kindness** Day, but we are celebrating all month! If your child comes home with a heart sticker that means we caught them being kind!
- The **NLC is CLOSED** Monday the 21st in observance of Presidents' Day. Our staff will be attending a workday to renew CPR/First Aid certifications, do some deep cleaning, and further staff development.
- It will be 2/22/22 on a TWOsday! What will we do to celebrate this momentous occasion? We don't know, but we're sure the number 2 will be the star! **Send them to school in silly socks!**

Dear NLC Families,

The past two years have been challenging, but the past several weeks and months have been even more so. With the Omicron variant surge, many of you have been impacted by multiple quarantines and even positive COVID tests in your homes. The NLC Board would like to better understand, directly from you, what challenges you are facing right now and how we can better support your family during these times.

Please consider sending an email to [nlcboard@theneighborhoodlearningcenter.com](mailto:nlcboard@theneighborhoodlearningcenter.com) by the end of the day on Friday, February 11<sup>th</sup> – let us know what's working, what isn't, and how we can help. We know not everything is within our power to address, but we want to hear your voices so we can respond the best way we can. If you prefer to remain anonymous, you can print your letter and drop it off in the box that will be provided outside the front doors.

Thank you for entrusting your children to our care. We thank you also for your honest feedback and for sharing your unique experiences with us so we can move forward armed with additional information and insights.

*NLC Board*

## Inclement Weather Policy Reminders

***The NLC does NOT follow Loudoun County Public Schools for inclement weather-related closings or late openings. This decision is based on the safety of our students, parents, and staff.***

- Most of our staff lives west of Purcellville where inclement weather is generally more severe. If we are unable to staff our classrooms with the normally assigned teachers to maintain our pods, we must consider Covid safety as well as safety on the roads.
- You will receive a text from the NLC and an email no later than 6:00 am should a closure or delay be in effect for the NLC on a particular day. If a decision is made to close early due to inclement weather, parents will be notified via text and email as soon as the decision is made.

# Winter Explorations



# Winter Explorations



# The Life of St. Andrew Presbyterian Church

## Rev Bev's Reflections: January 27, 2022

Dear Friends:

This month we are celebrating African-American History. I saw a t-shirt that emphasized this history is not the history of slavery only. We are all aware of the debates about how to teach history to our students. The rhetoric around this has become vitriolic—for good reason.

Everyone is engulfed in what we church people call sin, for which the outcome is death. Stay with me here. Sin is the universal power that creates human fear. While there are a lot of little fears of the monsters under the bed, the universal human fear is that our lives do not matter. If that were not true, would we have seen the backlash of "All lives matter," to the exhortation that "Black lives matter?" Are we invisible? When we are gone, dead, and buried, will the world even notice? Will any "history book," remember us in any way?

It's why we take so many photos, I think. We are creating a history of joy and fulfillment to leave behind.

The idea of teaching history through the lens of the whole truth threatens the white "photo album" of success through good, hard work. The idea of teaching history without the lens of Black achievement inclusive of the full and painful narrative of enslavement threatens the Black "photo album" of "Still I Rise." Both threats are the work of sin and the evidence of evil.

Nevertheless, one choice demonstrates a faith built on hope and love. The other is founded on despair and fear.

By definition, we, the church, are a redeemed people, full of hope, unafraid of our truth because Jesus! Christ has seen us, all of us, and forgiven us for the things we have done, and what we failed to do, what was said, and what we failed to speak. Therefore, we are free, not to ignore those actions, to point them out in order to give God the glory for our acquittal and reconciliation.

Christians are called to be at the forefront of confession because it is the joyful and grateful response to the good news of Jesus Christ. This is a contrast to typical understandings that forgiveness is the result of confession. In February, as we learn about our African American Presbyterian history, we will be invited to confess the sin of white supremacy, not for the purposes of embarrassment or shaming. Solely for the purpose of giving thanks to God.



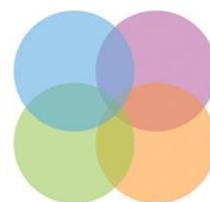
During Sunday School hour on February 6th, children will be making Valentine's Day cards for our senior citizen friends at the Carver Center, as well as bookmarks for the congregation at St. Andrew. Join us!



**Mark your calendars!**

Youth Group  
Valentines  
Day Party

February 13<sup>th</sup>



**BIG GOD  
BIG QUESTIONS**

CONFIRMATION FOR A GROWING FAITH

Confirmation Class is starting for youth 7<sup>th</sup> grade and up! Mentors are also needed to join us – what a wonderful way to get to know our youth here at SAPC!

We will meet every other Sunday after worship service beginning February 6<sup>th</sup> at 11:15am.

Please email Jessica Randall if you are interested in signing up for the class.

[jessica.randall@standrew-pres.org](mailto:jessica.randall@standrew-pres.org)

# The Neighborhood Learning Center ~ Menu for February 2022

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

\*May contain eggs ^May contain milk (T) = Toddler WG = Whole Grain

		Monday	Tuesday	Wednesday	Thursday	Friday
Jan 31 – Feb 4	Breakfast	WG Cereal*^ Fruit Water	WG Bagel* Cream Cheese^ Water	WG Cereal*^ Milk	Pancakes*^ Berries Water	WG Cereal*^ Fruit Water
	Lunch	Homemade Chicken Noodle Soup*^ Sliced Carrots Pears Milk	Cheese Quesadilla*^ Corn Pineapple Milk	WG Fish Nuggets* Peas Mixed Fruit Milk	WG Chicken Patty on a WG Bun*^ Salad w/ Ranch Dressing^ Peaches Milk	Hot Dog on a Bun* Baked Beans* Mandarin Oranges Milk
	Snack	Cheese Cubes^ Townhouse Crackers* Water	Nacho Chips* Salsa* (T) Veggie Straws* & Applesauce	<b>Groundhog Day Pudding Cup*^</b> Crackers* Water	Yogurt^ Banana Water	Pretzels* Cheese Stick^ Water
Feb 7 – 11	Breakfast	WG Cereal*^ Water	Sausage Biscuit*^ Water	WG Cereal*^ Milk	French Toast Sticks* Berries Water	WG Cereal*^ Fruit Water
	Lunch	Chili *^ Corn Bread*^ Pears Milk	Open Face Turkey w/Gravy*^ Mashed Potatoes*^ WG Roll* Mandarin Oranges Milk	<b>National Pizza Day</b> Salad w/ Dressing (T) Cucumbers Applesauce Milk	Ham & Cheese Sandwich on a WG Bun^ Green Beans Pineapple Milk	Turkey Meatballs & Gravy*^ Peas Roll*^ Peaches Milk
	Snack	Sliced Cheese^ Townhouse Crackers Water	WG Goldfish* 100% Apple Juice	Yogurt^ Graham Crackers* Water	Breakfast Bar* 100% Apple Juice	Crackers* Water
Feb 14 – 18	Breakfast	WG Cereal*^ Fruit Water	Waffles*^ Berries Water	WG Cereal*^ Milk	Pancake Wrapped Sausage Bites*^ Water	WG Cereal*^ Fruit Water
	Lunch	Beans & Franks* WG Roll* Peaches Milk	Chicken Noodle Casserole w/Peas & Carrots*^ Pears Milk	Salisbury Steak* Mashed Potatoes^ WG Roll* Banana Milk	Tuna Casserole*^ Corn Mandarin Oranges Milk	Pizza Sliders*^ Salad w/Dressing* (T) Cucumbers Mixed Fruit Milk
	Snack	<b>Special Valentine's Snack*^</b> Water	WG Bagel*^ Cream Cheese^ Water	Animal Crackers* Applesauce Water	Cheese Itz* Pear Cups Water	Pepperoni* Sliced Cheese^ Crackers* 100% Apple Juice
Feb 21 – 25	Breakfast	<b>NLC CLOSED for President's Day</b>  <b>NLC Staff Development Day</b>	Sausage Biscuit*^ Water	WG Cereal*^ Milk	French Toast Sticks*^ Fruit Water	WG Cereal*^ Fruit Water
	Lunch		Grilled Cheese on WG Bread*^ Peas Pineapple Milk	Pasta with Meat Sauce* Salad w/ Dressing^ Peaches Milk	WG Chicken Nuggets* Green Beans Applesauce Milk	Hamburger on a WG Bun*^ Green Beans Berries Milk
	Snack		Pretzels & Dip*^ Cheese Stick^ (T) Crackers Water	Yogurt^ Graham Crackers* Water	Veggie Straws* Raisins* Water	Breakfast Bar* 100% Apple Juice

Menus are always subject to change, but especially at this time, with supply chain shortages nationwide.

# February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>St. Andrew's Worship</b> – Join St. Andrew for in-person AND Facebook Live worship every Sunday morning at 10 am. In-person worship will observe social distancing and mask wearing for children and adults.						
		1	2	3	4	5
			Groundhog Day	Wee Little Arts	Winter Olympics Opening Ceremony	
6	7	8	9	10	11	12
Worship 10 am	LCPS closed, NLC open for School's Out Camp Mercier School of Dance		National Pizza Day	Wee Little Arts	Wear a Jersey or Team Colors to School!	
13	14	15	16	17	18	19
Worship 10 am	Valentine's Day Class Parties Mercier School of Dance			Random Acts of Kindness Day Wee Little Arts		
20	21	22	23	24	25	26
Worship 10 am	NLC CLOSED in observance of Presidents Day NLC Staff Workday	2/22/22 on a TWOsday! Wear Silly Socks to School!		Wee Little Arts		
27	28	<b>EXTRACURRICULAR ACTIVITIES</b> – These <i>fully optional</i> activities are available at additional cost. Registration and activities are handled by the external provider.				
Worship 10 am	Mercier School of Dance	<b>Mercier School of Dance</b> - Register at <a href="http://www.mercierschoolofdance.com/registration">www.mercierschoolofdance.com/registration</a> <ul style="list-style-type: none"> <li>• <b>Pre-Ballet &amp; Jazz:</b> Mondays 3:00 – 3:30 pm, ages 4 &amp; 5, \$65/month, monthly through May 2022</li> <li>• <b>Zumba Jr:</b> Mondays 3:30 – 4:00 pm, ages 3 ½ through pre-K, \$65/month, monthly through May 2022</li> </ul> <b>Wee Little Arts</b> - Register at <a href="http://www.weelittlearts.com">www.weelittlearts.com</a> <ul style="list-style-type: none"> <li>• <b>Session 2 – Drawing</b> – Thursdays starting 1<sup>st</sup> week of December, 3:00 – 3:45 pm, ages 3 – 5, \$150</li> </ul>				