

# The Neighborhood Learning Center ~ Menu for July 2024

		Monday	Tuesday	Wednesday	Thursday	Friday
July 1 - 5	Morning Snack	WG Cereal* <sup>^</sup> Milk	Yogurt <sup>^</sup> Granola* Water	WG Pancakes* <sup>^</sup> Berries Water	NLC IS CLOSED IN OBSERVANCE OF INDEPENDENCE DAY!	WG Cereal* <sup>^</sup> Milk <sup>^</sup>
	Lunch	WG Chicken Nuggets* <sup>^</sup> Peas Pineapple Milk	Cheese Quesadillas* <sup>^</sup> Corn Mandarin Oranges Milk	Beans & Franks* WG Roll* <sup>^</sup> Pears Milk		Pizza Day!* <sup>^</sup> Salad w/ Dressing <sup>^</sup> (T) Cucumbers Peaches Milk
	Snack	Corn Chips* <sup>^</sup> Salsa (T) Crackers* <sup>^</sup> Water	Animal Crackers* <sup>^</sup> Applesauce Water	Watermelon Veggie Straws* Water		Ice Cream <sup>^</sup> Cookies* <sup>^</sup> (T) Frozen Fruit Ice Cream Water
July 8 - 12	Morning Snack	WG Cereal* <sup>^</sup> Milk	Muffins* <sup>^</sup> Bananas Water	Waffles* <sup>^</sup> Berries Water	Bagels* <sup>^</sup> Cream Cheese <sup>^</sup> Water	WG Cereal* <sup>^</sup> Milk
	Lunch	Meatball Subs on WG Roll* <sup>^</sup> Carrots & Dip <sup>^</sup> (T) Diced Carrots Pears Milk	Taco Salad* <sup>^</sup> Corn WG Roll* <sup>^</sup> Peaches Milk	Chicken Fried Rice* <sup>^</sup> Green Beans Applesauce Milk	WG Fish Nuggets* <sup>^</sup> Peas Pineapple Milk	Goulash* <sup>^</sup> Salad w/ Dressing <sup>^</sup> (T) Cucumbers Mixed Fruit Milk
	Snack	Crackers* <sup>^</sup> Pepperoni* Sliced Cheese <sup>^</sup> Water	Rice Cakes* <sup>^</sup> Sliced Apples (T) Applesauce Water	WG Homemade Trail mix* <sup>^</sup> Water	Fig Newtons* <sup>^</sup> Yogurt <sup>^</sup> Water	Ice Cream <sup>^</sup> Rainbow Goldfish* <sup>^</sup> (T) Frozen Fruit Ice Cream Water
July 15 - 19	Morning Snack	WG Cereal* <sup>^</sup> Milk	Cereal Bar* <sup>^</sup> Berries Water	Turkey Sausage* Biscuits* <sup>^</sup> Water	Bacon, Cheese on an English Muffin* <sup>^</sup> Water	WG Cereal* <sup>^</sup> Milk
	Lunch	Lasagna* <sup>^</sup> Salad w/ Dressing <sup>^</sup> (T) Cucumbers Mandarin Oranges Milk	Salisbury Steak* <sup>^</sup> Mashed Potatoes <sup>^</sup> WG Roll* <sup>^</sup> Pears Milk	Ham & Cheese on a WG Slider Roll* <sup>^</sup> Carrots & Dip <sup>^</sup> (T) Diced carrots Apple slices (T) Applesauce Milk	Variety Lunch	Chili* <sup>^</sup> Cornbread* <sup>^</sup> Fruit Cocktail Milk
	Snack	Chocolate Chip Pancakes* <sup>^</sup> Milk	Graham Crackers* <sup>^</sup> Cream Cheese <sup>^</sup> Water	Pita Chips* <sup>^</sup> Hummus* Popsicles Water		Wheat Thin Crackers* Bananas Water
July 22 - 26	Morning Snack	WG Cereal* <sup>^</sup> Milk	Whole Wheat Cinnamon Toast* <sup>^</sup> Milk	Sausage Gravy on a Biscuit* <sup>^</sup> Water	Blueberry Waffles* <sup>^</sup> Berries Water	WG Cereal* <sup>^</sup> Milk
	Lunch	Mac & Cheese* <sup>^</sup> Broccoli Cantaloupe Milk	Beans & Franks* <sup>^</sup> WG Roll* <sup>^</sup> Pears Milk	Meatballs & Gravy* <sup>^</sup> WG Roll* <sup>^</sup> Mashed Potatoes <sup>^</sup> Peaches Milk	WG Chicken Nuggets* <sup>^</sup> Green Beans Pineapple Milk	Beef Tips w/ Noodles* <sup>^</sup> Salad w/ Dressing <sup>^</sup> (T) Cucumbers Mixed Fruit Milk
	Snack	Animal Crackers* <sup>^</sup> Applesauce Water	Ham* Pita Pocket* <sup>^</sup> Water	Mandarin Oranges Bean Crackers* <sup>^</sup> Water	Mini Muffins* <sup>^</sup> Bananas Water	Ice Cream <sup>^</sup> Berries (T) Frozen Fruit Ice Cream Water
July 29 - Aug. 2	Morning Snack	WG Cereal* <sup>^</sup> Milk	WG Pancakes* <sup>^</sup> Berries Water	Turkey Sausage* Croissant* <sup>^</sup> Water	Yogurt <sup>^</sup> Granola* Water	NLC CLOSED FOR A TEACHER WORK DAY!
	Lunch	Chicken Noodle Soup w/ Carrots* <sup>^</sup> Crackers* Mandarin Oranges Milk	Hamburger* Salad w/ Dressing <sup>^</sup> (T) Cucumbers Watermelon Milk	WG Fish Nuggets* <sup>^</sup> Corn Pineapple Milk	Beefaroni* <sup>^</sup> Peas Pears Milk	
	Snack	Crackers* <sup>^</sup> Pepperoni* Sliced Cheese <sup>^</sup> Water	Bagels* <sup>^</sup> Cream Cheese <sup>^</sup> Water	Rice Cakes* <sup>^</sup> Sliced Apples (T) Applesauce Water	Ice Cream <sup>^</sup> Cookies (T) Frozen Fruit Ice Cream Water	

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

\*May contain eggs ^ May contain milk (T)=Toddlers WG = Whole Grain