

# The Neighborhood Learning Center ~ Menu for September 2024

		Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 2 - 6	Morning Snack	NLC IS CLOSED FOR LABOR DAY!	Yogurt^ Granola* Water	Muffins*^ Bananas Water	WG Pancakes*^ Cantaloupe Water	WG Cereal*^ Milk^
	Lunch		Meatball Sub*^ Corn Mandarin Oranges Milk	Chicken a la King*^ Rice* WG Roll*^ Pears Milk	Pizza Day! Salad w/ Dressing^ (T) Cucumbers Mixed Fruit Milk	Goulash*^ Green Beans Peaches Milk
	Snack		Animal Crackers*^ Applesauce Water	Raisins* Veggie Straws* Water	Tiger Bites*^ Strawberries Water	Vanilla Wafers*^ Vanilla Pudding^ Water
Sept. 9 - 13	Morning Snack	WG Cereal*^ Milk	Turkey Sausage* Biscuits*^ Water	Waffles*^ Berries Water	Bagels*^ Cream Cheese^ Water	WG Cereal*^ Milk
	Lunch	Meat Loaf*^ WG Roll*^ Mashed Potatoes*^ Pears Milk	Taco Salad*^ Corn WG Roll*^ Peaches Milk	Chicken Fried Rice*^ Broccoli Pineapple Milk	WG Fish Nuggets*^ Peas Mandarin Oranges Milk	Chicken Noodle Soup*^ Diced Carrots Crackers* Mixed Fruit Milk
	Snack	Crackers*^ Pepperoni* Sliced Cheese^ Water	Rice Cakes*^ Sliced Apples (T) Applesauce Water	WG Homemade Trail Mix*^ Water	Fig Newtons*^ Yogurt^ Water	Rainbow Goldfish*^ States & Capitol Cookies*^ Water
Sept. 16 - 20	Morning Snack	WG Cereal*^ Milk	Bacon & Cheese on an English Muffin*^ Water	Yogurt^ Granola* Water	WG Waffles*^ Berries Water	WG Cereal*^ Milk
	Lunch	Lasagna*^ Salad w/ Dressing^ (T) Cucumbers Mandarin Oranges Milk	Chicken Salad on a WG Slider Roll*^ Green Beans Pears Milk	Variety Lunch*^ Carrots & Dip^ (T) Diced Carrots Apple Slices (T) Applesauce Milk	Hamburger on a Bun*^ Baked Beans* Peaches Milk	Chili*^ Cornbread*^ Fruit Cocktail Milk
	Snack	Chocolate Chip Pancakes*^ Milk	Graham Crackers*^ Cream Cheese^ Water	Pita Crackers*^ Hummus* Popsicles Water	Pirates Booty*^ Bananas Water	Vanilla Wafers*^ Vanilla Pudding^ Water
Sept. 23 - 27	Morning Snack	WG Cereal*^ Milk	Sausage Gravy on a Biscuit*^ Water	WG French Toast*^ Milk	Blueberry Waffles*^ Berries Water	WG Cereal*^ Milk
	Lunch	Beef Tips & Noodles*^ Salad w/ Dressing^ Milk	Beans & Franks*^ WG Roll*^ Pears Milk	Chicken Quesadillas*^ Corn Peaches Milk	WG Chicken Nuggets*^ Green Beans Pineapple Milk	Fish Nuggets*^ Mac Salad*^ Cucumbers Mixed Fruit Milk
	Snack	Corn Chips* Salsa* (T) Crackers*^ Water	Pretzels* Sliced Apples (T) Crackers (T) Applesauce Water	Mandarin Oranges Bean Crackers*^ Water	Mini Muffins*^ Bananas Water	Goldfish Crackers*^ Cheese Sticks^ Water

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

\*May contain eggs ^May contain milk (T)=Toddlers WG = Whole Grain