

# The Neighborhood Learning Center ~ Menu for October 2024

		Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 30 – Oct. 4	Morning Snack	WG Cereal* <sup>^</sup> Milk <sup>^</sup>	Yogurt <sup>^</sup> Granola* Water	Muffins* <sup>^</sup> Bananas Water	WG Pancakes* <sup>^</sup> Cantaloupe Water	WG Cereal* <sup>^</sup> Milk <sup>^</sup>
	Lunch	WG Chicken Nuggets* <sup>^</sup> Peas Pineapple Milk	Pasta & Cheese Ravioli* <sup>^</sup> Corn Mandarin Oranges Milk	Chicken a la King* <sup>^</sup> Carrots & Peas Rice* WG Roll* <sup>^</sup> Pears Milk	Pizza Day! Salad w/ Dressing <sup>^</sup> (T) Cucumbers Mixed Fruit Milk <b>LCPS CLOSED</b>	Goulash* <sup>^</sup> Green Beans Peaches Milk <b>LCPS CLOSED</b>
	Snack	Corn Chips* Salsa* (T) Crackers* Water	Animal Crackers* <sup>^</sup> Applesauce Water	Raisins* Fig Bars* Water	Tiger Bites* <sup>^</sup> Watermelon Water	Veggie Bean Crackers* Cream Cheese <sup>^</sup> Water
Oct. 7 - 11	Morning Snack	WG Cereal* <sup>^</sup> Milk	Turkey Sausage* Biscuits* <sup>^</sup> Water	Bagels* <sup>^</sup> Cream Cheese <sup>^</sup> Water	Chip Beef Gravy* <sup>^</sup> Biscuits* <sup>^</sup> Water	WG Cereal* <sup>^</sup> Milk
	Lunch	Meat Loaf* <sup>^</sup> WG Roll* <sup>^</sup> Green Beans Pears Milk	Taco Salad* <sup>^</sup> Corn WG Roll* <sup>^</sup> Peaches Milk	Open Faced Turkey* Mashed Potatoes* <sup>^</sup> Pineapple Milk	WG Fish Nuggets* <sup>^</sup> Peas Mandarin Oranges Milk	Chicken Noodle Soup* <sup>^</sup> Diced Carrots Crackers* Mixed Fruit Milk
	Snack	Crackers* <sup>^</sup> Pepperoni* Sliced Cheese <sup>^</sup> Water	Rice Cakes* <sup>^</sup> Sliced Apples (T) Applesauce Water	WG Homemade Trail Mix* <sup>^</sup> Water	Fig Newtons* <sup>^</sup> Go-gurt <sup>^</sup> Water	Oat & Honey Granola Bar* Berries Water
Oct. 14 - 18	Morning Snack	<b>The NLC will be CLOSED in observance of Indigenous Peoples' Day</b>	Bacon & Cheese on an English Muffin* <sup>^</sup> Water	Yogurt <sup>^</sup> Granola* Water	WG Waffles* <sup>^</sup> Berries Water	WG Cereal* <sup>^</sup> Milk
	Lunch		Chicken Salad on a WG Slider Roll* <sup>^</sup> Green Beans Pears Milk	WG Chicken Nuggets* <sup>^</sup> Green Beans Pineapple Milk	Mini Corn Dogs* <sup>^</sup> Baby Carrots & Dip <sup>^</sup> (T) Diced Carrots Peaches Milk	White Chicken Chili* <sup>^</sup> Cornbread* <sup>^</sup> Fruit Cocktail Milk
	Snack		Graham Crackers* <sup>^</sup> Cream Cheese <sup>^</sup> Water	Pita Crackers* <sup>^</sup> Hummus* Popsicles Water	Wheat Thins* Bananas Water	Vanilla Goldfish* <sup>^</sup> Cheese Stick <sup>^</sup> Water
Oct. 21 - 25	Morning Snack	WG Cereal* <sup>^</sup> Milk	Sausage Gravy on a Biscuit* <sup>^</sup> Water	WG French Toast* <sup>^</sup> Milk	Blueberry Waffles* <sup>^</sup> Berries Water	WG Cereal* <sup>^</sup> Milk
	Lunch	Mac N Cheese * <sup>^</sup> Broccoli Cantaloupe Milk	Beans & Franks* <sup>^</sup> WG Roll* <sup>^</sup> Pears Milk	Beef Stew* <sup>^</sup> WG Roll* Peaches Milk	Chicken & Dumplings* <sup>^</sup> Broccoli Applesauce Milk	WG Fish Nuggets* <sup>^</sup> Corn Mixed Fruit Milk
	Snack	Corn Chips* Salsa* (T) Crackers* <sup>^</sup> Water	Ham* Wrap* <sup>^</sup> Water	Mandarin Oranges Bean Crackers* <sup>^</sup> Water	Mini Muffins* <sup>^</sup> Bananas Water	Vanilla Wafers* <sup>^</sup> Vanilla Pudding <sup>^</sup> Water
Oct. 28 – Nov. 1	Morning Snack	WG Cereal* <sup>^</sup> Milk <sup>^</sup>	Yogurt <sup>^</sup> Granola* Water	WG Pancakes* <sup>^</sup> Berries Water	Muffins* <sup>^</sup> Bananas Water	WG Cereal* <sup>^</sup> Milk <sup>^</sup>
	Lunch	Beef Tips & Noodles* <sup>^</sup> Steamed Broccoli Pears Milk	Salisbury Steak* Mashed Potatoes* <sup>^</sup> WG Roll* <sup>^</sup> Peaches Milk	Pizza Day! Salad w/ Dressing <sup>^</sup> (T) Cucumbers Applesauce Milk	WG Chicken Nuggets* <sup>^</sup> Green Beans Pineapple Milk <b>LCPS CLOSED</b>	Goulash* <sup>^</sup> Corn Mixed Fruit Milk <b>LCPS CLOSED</b>
	Snack	Rice Cakes* <sup>^</sup> Applesauce Water	Fig Newtons* <sup>^</sup> Go-gurt <sup>^</sup> Water	WG Trail Mix* <sup>^</sup> Water	<b>HALLOWEEN TREAT*<sup>^</sup></b> Water	Goldfish Crackers* Cheese Stick <sup>^</sup> Water

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

\*May contain eggs    ^May contain milk    (T)=Toddlers    WG = Whole Grain