

The Neighborhood Learning Center ~ Menu for October 2024

		Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 30 – Oct. 4	Morning Snack	WG Cereal*^ Milk^	Yogurt^ Granola* Water	Muffins*^ Bananas Water	WG Pancakes*^ Cantaloupe Water	WG Cereal*^ Milk^
	Lunch	WG Chicken Nuggets*^ Peas Pineapple Milk	Pasta & Cheese Ravioli*^ Corn Mandarin Oranges Milk	Chicken a la King*^ Carrots & Peas Rice* WG Roll*^ Pears Milk	Hamburger on a Roll*^ Salad w/ Dressing^ (T) Cucumbers Mixed Fruit Milk LCPS CLOSED	Goulash*^ Green Beans Peaches Milk LCPS CLOSED
	Snack	Corn Chips* Salsa* (T) Crackers* Water	Animal Crackers*^ Applesauce Water	Raisins* Fig Bars* Water	Tiger Bites*^ Watermelon Water	Veggie Bean Crackers* Cream Cheese^ Water
Oct. 7 - 11	Morning Snack	WG Cereal*^ Milk	Turkey Sausage* Biscuits*^ Water	Bagels*^ Cream Cheese^ Water	Chip Beef Gravy*^ Biscuits*^ Water	WG Cereal*^ Milk
	Lunch	Meat Loaf*^ WG Roll*^ Green Beans Pears Milk	Taco Salad*^ Corn WG Roll*^ Peaches Milk	Open Faced Turkey* Mashed Potatoes*^ Pineapple Milk	WG Fish Nuggets*^ Peas Mandarin Oranges Milk	Chicken Noodle Soup*^ Diced Carrots Crackers* Mixed Fruit Milk
	Snack	Crackers*^ Pepperoni* Sliced Cheese^ Water	Rice Cakes*^ Sliced Apples (T) Applesauce Water	WG Homemade Trail Mix*^ Water	Fig Newtons*^ Go-gurt^ Water	Oat & Honey Granola Bar* Berries Water
Oct. 14 - 18	Morning Snack	The NLC will be CLOSED in observance of Indigenous Peoples' Day	Bacon & Cheese on an English Muffin*^ Water	Yogurt^ Granola* Water	WG Waffles*^ Berries Water	WG Cereal*^ Milk
	Lunch		Meatballs on a WG Slider Roll*^ Green Beans Pears Milk	WG Chicken Nuggets*^ Green Beans Pineapple Milk	Mini Corn Dogs*^ Baby Carrots & Dip^ (T) Diced Carrots Peaches Milk	White Chicken Chili*^ Cornbread*^ Fruit Cocktail Milk
	Snack		Graham Crackers*^ Cream Cheese^ Water	Pita Crackers*^ Hummus* Popsicles Water	Wheat Thins* Bananas Water	Vanilla Goldfish*^ Cheese Stick^ Water
Oct. 21 - 25	Morning Snack	WG Cereal*^ Milk	Sausage Gravy on a Biscuit*^ Water	WG French Toast*^ Milk	Blueberry Waffles*^ Berries Water	WG Cereal*^ Milk
	Lunch	Mac N Cheese *^ Broccoli Cantaloupe Milk	Beans & Franks*^ WG Roll*^ Pears Milk	Beef Stew*^ Corn Bread*^ Peaches Milk	Pulled Chicken in a Tomato Base on a WG Slider Roll*^ Broccoli Applesauce Milk	WG Fish Nuggets*^ Corn Mixed Fruit Milk
	Snack	Corn Chips* Salsa* (T) Crackers*^ Water	Ham* Wrap*^ Water	Mandarin Oranges Bean Crackers*^ Water	Mini Muffins*^ Bananas Water	Vanilla Wafers*^ Vanilla Pudding^ Water
Oct. 28 – Nov. 1	Morning Snack	WG Cereal*^ Milk^	Yogurt^ Granola* Water	WG Pancakes*^ Berries Water	Muffins*^ Bananas Water	WG Cereal*^ Milk^
	Lunch	Beef Tips & Noodles*^ Steamed Broccoli Pears Milk	Salisbury Steak* Mashed Potatoes*^ WG Roll*^ Peaches Milk	Pizza Day! Salad w/ Dressing^ (T) Cucumbers Applesauce Milk	WG Chicken Nuggets*^ Green Beans Pineapple Milk LCPS CLOSED	Goulash*^ Corn Mixed Fruit Milk LCPS CLOSED
	Snack	Rice Cakes*^ Applesauce Water	Fig Newtons*^ Go-gurt^ Water	WG Trail Mix*^ Water	HALLOWEEN TREAT*^ Water	Goldfish Crackers* Cheese Stick^ Water

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

*May contain eggs ^May contain milk (T)=Toddlers WG = Whole Grain